Intraoperative Neuromonitoring (IONM)

Policy MP-058

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Disclaimer:
1. Policies are subject to change in accordance with State and Federal notice requirements.
2. Policies outline coverage determinations for U of U Health Plans Commercial, and Healthy U (Medicaid) plans. Refer to the “Policy” section for more information.

Description:
Intraoperative neuromonitoring (IONM) employs the use of electrodiagnostic modalities to record electrical signals produced by the nervous system in response to a stimuli; the intraoperative neuromonitoring reflects the time spent during ongoing, concurrent, real time electrodiagnostic testing performed throughout the surgery. The goal of intraoperative monitoring is to detect response changes due to surgery, to diminish the risk of neurologic injury, improve patient safety and subsequent surgical outcomes. Intraoperative neuromonitoring modalities may include, but are not limited to the following:

- Neurophysiological techniques, alone or in combination such as sensory evoked potentials (i.e., somatosensory [SSEP]
- Auditory brainstem evoked responses [ABR]
- Visual evoked potentials [VEP])
- Motor evoked potentials (MEP)
- Electromyography (EMG)
- Free-running or stimulus-triggered, and electroencephalogram (EEG)

Multiple modalities are typically used for IONM to overcome the limitations of individual monitoring. Selection of the approach used is dependent upon the type of surgery and the degree of risk.

Intraoperative neuromonitoring allows for immediate intervention thus preventing or minimizing postoperative neurological deficits although there is no clear consensus as to which patients should undergo IONM, other than for individuals at greater risk of nerve injury. According to the American Academy of Neurology (2012), there is no need for IONM in situations where historical data and current practices reveal no potential for neural damage.
Policy Statement and Criteria

1. Commercial Plans

U of U Health Plans covers intraoperative neuromonitoring (IONM) in *limited clinical circumstances* as current evidence supports improved outcomes in these settings *when specific criteria are met.*

Coverage Requirements:

A. Intraoperative neurophysiologic monitoring must be performed by either a licensed physician trained in clinical neurophysiology or a trained technologist who is practicing within the scope of his/her license/certification as defined by state law or appropriate authorities and is working under direct supervision of a physician trained in neurophysiology; AND

B. Intraoperative neurophysiologic monitoring must be interpreted by a licensed physician trained in clinical neurophysiology, other than the operating surgeon, who is either in attendance in the operating suite or present by means of a real-time remote mechanism for neurophysiologic monitoring situations and is immediately available; AND

C. Monitoring is conducted and interpreted real-time (either on-site or at a remote location) and continuously communicated to the surgical team; AND

D. The physician performing or supervising monitoring must be monitoring no more than three cases simultaneously.

Surgical Circumstances in which IONM is covered:

**Somatosensory-evoked potentials with or without motor-evoked potentials**

Intraoperative neuromonitoring using somatosensory-evoked potentials (SSEP), with or without motor-evoked potentials (using electrical stimulation), may be medically necessary during the following procedures:

A. Spinal procedures
   i. Dorsal rhizotomy
   ii. Correction of scoliosis
   iii. Anterior cervical spine surgery associated with any of the following increased risk situations:
      a. Prior anterior cervical surgery, particularly revision anterior cervical disectomy and fusion, revision surgery through a scarred surgical field, reoperation for pseudo-arthrosis, or revision for failed fusion
      b. Multilevel anterior cervical disectomy and fusion
      c. Preexisting recurrent laryngeal nerve pathology, when there is residual function of the recurrent laryngeal nerve.
i. Correction of deformity involving traction on the spinal cord
ii. Spinal cord tumor removal
iii. Surgery due to traumatic injury to spinal cord
iv. Surgery for arteriovenous (AV) malformation of spinal cord

B. Intracranial procedures
   i. Microvascular decompression of cranial nerves
   ii. Removal of acoustic neuroma, congenital auricular lesions, or cranial base lesions
   iii. Cholesteatoma, including mastoidotomy or mastoidectomy
   iv. Vestibular neurectomy for Meniere’s
   v. Removal of cranial nerve neuromas affecting any of the following nerves:
      a. Abducens
      b. Facial
      c. Glossopharyngeal
      d. Hypoglossal
      e. Oculomotor
      f. Recurrent laryngeal
      g. Spinal accessory
      h. Superior laryngeal
      i. Trochlear
   vi. Deep brain stimulation
   vii. Endolymphatic shunting for Meniere’s disease
   viii. Oval or round window graft
   ix. Removal of cavernous sinus tumors
   x. Resection of brain tissue near primary motor cortex and requiring brain mapping
   xi. Resection of epileptogenic brain tissue or tumor
   xii. Other intracranial procedures (e.g., aneurysm repair, intracranial AVM)

C. Non-cranial vascular procedures
   i. Carotid artery surgery
   ii. Arteriography with test occlusion of carotid artery
   iii. Deep hypothermic circulatory arrest
iv. Distal aortic procedures  
v. Surgery of the aortic arch, its branch vessels, or thoracic aorta

D. High-risk thyroid or parathyroid surgery, including:  
i. Total thyroidectomy  
ii. Repeat thyroid or parathyroid surgery  
iii. Surgery for cancer  
iv. Thyrotoxicosis  
v. Retrosternal or giant goiter  
vi. Thyroiditis

**Electroencephalographic monitoring**  
Intraoperative electroencephalographic (EEG) monitoring may be considered medically necessary for any of the following procedures:

A. Intracranial procedures  
i. Microvascular decompression of cranial nerves  
ii. Removal of acoustic neuroma, congenital auricular lesions, or cranial base lesions  
iii. Cholesteatoma, including mastoidotomy or mastoidectomy  
iv. Vestibular neurectomy for Meniere’s  
v. Removal of cranial nerve neuromas affecting any of the following nerves:  
  a. Abducens  
  b. Facial  
  c. Glossopharyngeal  
  d. Hypoglossal  
  e. Oculomotor  
  f. Recurrent laryngeal  
  g. Spinal accessory  
  h. Superior laryngeal  
  i. Trochlear  
vi. Deep brain stimulation  
vii. Endolymphatic shunting for Meniere’s disease  
viii. Oval or round window graft  
ix. Removal of cavernous sinus tumors
x. Resection of brain tissue near primary motor cortex and requiring brain mapping
xi. Resection of epileptogenic brain tissue or tumor
xii. Other intracranial procedures (e.g., aneurysm repair, intracranial AVM)

B. Non-cranial vascular procedures
   i. Carotid artery surgery
   ii. Arteriography with test occlusion of carotid artery

**Electromyographic monitoring**
Intraoperative electromyographic (EMG) monitoring may be considered medically necessary when monitoring is during any of the following procedures:

A. Dorsal rhizotomy
B. Microvascular decompression of cranial nerves
C. Removal of acoustic neuroma, congenital auricular lesions, or cranial base lesions
D. Cholesteatoma, including mastoidotomy or mastoidectomy
E. Vestibular neurectomy for Meniere’s
F. Removal of cranial nerve neuromas affecting any of the following nerves:
   i. Abducens
   ii. Facial
   iii. Glossopharyngeal
   iv. Hypoglossal
   v. Oculomotor
   vi. Recurrent laryngeal
   vii. Spinal accessory
   viii. Superior laryngeal
   ix. Trochlear

**U of U Health Plans considers IONM experimental/investigational for all other indications not meeting the above criteria.** Examples of procedures for which there is insufficient evidence to establish net benefit of IONM include, but are not limited to, the following:

A. Routine lumbar or cervical laminectomies and fusions
B. Spinal cord stimulator implantation
C. Cochlear implantation
D. Vagal nerve stimulator implantation
E. Spinal injections
F. Hip replacement
G. Parotid gland surgery

U of U Health Plans considers intraoperative monitoring of motor evoked potentials using transcranial magnetic stimulation as experimental and investigational for all indications.

U of U Health Plans considers nerve conduction studies for intraoperative monitoring purposes experimental and investigational for all indications.

U of U Health Plans considers intraoperative monitoring of visual-evoked potentials investigational.

U of U Health Plans does NOT cover intraoperative electromyography and nerve conduction velocity monitoring during surgery on the peripheral nerves as it is considered not medically necessary.

2. Medicaid Plans
Coverage is determined by the State of Utah Medicaid program; if Utah State Medicaid has no published coverage position and InterQual criteria are not available, the U of U Health Plans Commercial criteria will apply. For the most up-to-date Medicaid policies and coverage, please visit their website at http://health.utah.gov/medicaid/manuals/directory.php or the Utah Medicaid code Look-Up tool.

3. Medicare Plans
Coverage is determined by the Centers for Medicare and Medicaid Services (CMS); if a coverage determination has not been adopted by CMS and InterQual criteria are not available, the U of U Health Plans Commercial criteria will apply. For the most up-to-date Medicare policies and coverage, please visit their search website at http://www.cms.gov/medicare-coverage-database/overview-and-quick-search.aspx?from2=search1.asp& or the manual website.

Clinical Rationale
There is moderate strength of evidence that IONM may identify patients at greater risk of adverse outcomes due to neurological injury among individuals undergoing certain spinal procedures. For
surgeries that risk damaging the spinal cord (e.g., scoliosis correction, spinal cord tumor removal), the effectiveness of IONM has been assumed. As such, the evidence base for comparative studies is minimal. However, multiple retrospective and prospective cohort studies indicate that IONM may accurately identify those with postoperative neurological deficits. Less clear is whether knowledge of injury, intraoperatively, can lead to intervention which prevents or reverses said neurological deficits.

A systematic review (Fehlings et. al, 2010) concluded that IONM is sensitive and specific for detecting neurological complications during spinal surgery. That review included 14 prospective cohort studies addressing a variety of spinal indications. Across all included studies, IONM was not associated with any serious harms. Authors concluded that IONM can be a valuable tool during spinal surgery when the spinal cord or nerve roots are at risk.

IONM has also been proposed as potentially valuable during thyroid surgery as a means to prevent injury to the recurrent laryngeal nerve. A systematic review (Malik 2016) evaluated 17 studies comparing thyroid surgery with and without IONM. Using pooled data from those studies, authors found no statistically significant difference in recurrent laryngeal nerve palsy (RLNP) between those who had undergone thyroid surgery with or without IONM. Another systematic review (Yang 2017) reported a slightly lower incidence of RLNP among those who had thyroid surgery with IONM, but this difference was not statistically significant.

The American Association of Neurological Surgeons (AANS) and the Congress of Neurological Surgeons (CNS) released a position statement on IONM in April 2014. The AANS/CNS concluded that there is insufficient evidence to show that the use of IONM mitigates the severity of neurological injury or reduces its incidence. However, the position statement did note that use of IONM may help to diagnose neurological injury during surgery. Later that year, an analysis of all spine surgeries performed from 2007-2011 that were included in the Nationwide Inpatient Sample database was published by James WS, et al. This study included 443,194 spine procedures in which 31,680 cases utilized IONM. Iatrogenic neurological injury was rare, occurring in less than 1% with no difference in cases where IONM was used.

In 2015, Hawksworth et al, from the University of Texas Health Sciences Center, published an analysis of their department’s spine surgeries completed from 2011-2013, before and after adopting a departmental policy limiting IONM use to intradural procedures and those for spinal deformity correction. While utilization of IONM dropped from 38% of spinal cases to 7%, there was no change in incidence of neurological injury. In fact, the only observed cases of injury occurred in cases utilizing IONM where the monitoring did not alert the surgeon to the injury.

In 2017, Hadley, et al published, “Guidelines for the Use of Electrophysiological Monitoring for Surgery of the Human Spinal Column and Spinal Cord” which was approved by both the American Association for Neurological Surgeons and the Congress of Neurological Surgeons. This Guideline was based on review of relevant published literature from 1966-2017. Similar to the aforementioned 2014 position statement, this new Guideline found that IONM “has not been shown to be successful in reducing the rate or perioperative neurological deterioration or to improve neurological outcome during spinal surgery procedures.” The authors later conclude that because use of IONM during spine surgery has not been correlated with improvements in neurological outcome that its expense does not appear justified.

In a systematic review (Resnick et al.) on IONM for cervical degenerative myelopathy and radiculopathy, authors concluded that altering of the surgical plan or intraoperative steroid administration based upon IONM monitoring was not shown to decrease the incidence of neurological injury. However, the review concluded that IONM may be sensitive for assessing neurological injury for diagnostic information.
The American Association of Neuromuscular and Electrodiagnostic Medicine (AANEM) released a position statement in 2014 supporting the use of intraoperative SSEP for certain spinal surgeries, particularly those with increased risk for nerve root or spinal cord injury (including complex, extensive, or lengthy procedures). Authors also stated that intraoperative SSEP was not indicated for routine lumbar or cervical root decompression.

In 2012, the American Academy of Neurology (AAN) and the American Clinical Neurophysiology Society (ACNS) identified 11 studies as part of their evidence-based guidelines process, from which they concluded the IONM is safe and effective for identifying increased risk of adverse outcomes, including paraparesis, paraplegia, and quadriplegia during spinal surgery (Nuwer 2012).

**Applicable Coding**

**CPT Codes**

**General Neuromonitoring**

95940  Continuous intraoperative neurophysiology monitoring in the operating room, one on one monitoring requiring personal attendance, each 15 minutes (List separately in addition to code for primary procedure)

95941  Continuous intraoperative neurophysiology monitoring, from outside the operating room (remote or nearby) or for monitoring of more than one case while in the operating room, per hour (List separately in addition to code for primary procedure)

G0453  Continuous intraoperative neurophysiology monitoring, from outside the operating room (remote or nearby), per patient, (attention directed exclusively to one patient) each 15 minutes (list in addition to primary procedure)

**Somatosensory-Evoked Potentials (SSEP)**

95925  Short-latency somatosensory evoked potential study, stimulation of any/all peripheral nerves or skin sites, recording from the central nervous system; in upper limbs

95926  Short-latency somatosensory evoked potential study, stimulation of any/all peripheral nerves or skin sites, recording from the central nervous system; in lower limbs

95927  Short-latency somatosensory evoked potential study, stimulation of any/all peripheral nerves or skin sites, recording from the central nervous system; in the trunk or head

95938  Short-latency somatosensory evoked potential study, stimulation of any/all peripheral nerves or skin sites, recording from the central nervous system; in upper and lower limbs

**Motor evoked potentials (MEP)**

95928  Central motor evoked potential study (transcranial motor stimulation); upper limbs
95929  Central motor evoked potential study (transcranial motor stimulation); lower limbs

95939  Central motor evoked potential study (transcranial motor stimulation); in upper and lower limbs

**Brainstem auditory evoked potentials (BAEP)**

92585  Auditory evoked potentials for evoked response audiometry and/or testing of the central nervous system; comprehensive

92586  Auditory evoked potentials for evoked response audiometry and/or testing of the central nervous system; limited

**Electroencephalography**

95822  Electroencephalogram (EEG); recording in coma or sleep only

95955  Electroencephalogram (EEG) during non-intracranial surgery (e.g., carotid surgery)

**Electromyography**

95860  Needle electromyography; 1 extremity with or without related paraspinal areas

95861  Needle electromyography; 2 extremities with or without related paraspinal areas

95867  Needle electromyography; cranial nerve supplied muscle(s), unilateral

95868  Needle electromyography; cranial nerve supplied muscles, bilateral

95870  Needle electromyography; limited study of muscles in 1 extremity or non-limb (axial) muscles (unilateral or bilateral), other than thoracic paraspinal, cranial nerve supplied muscles, or sphincters

*Not covered when used in combination with intraoperative monitoring:*

95907-95913  Nerve conduction studies

95930  Visual evoked potential (VEP) checkerboard or flash testing, central nervous system except glaucoma, with interpretation and report

95937  Neuromuscular junction testing (repetitive stimulation, paired stimuli), each nerve, any 1 method

**NOTE:** CPTs 95925 and 95926 should not be billed during the same procedure if both upper and lower limbs are monitored; instead, CPT 95938 should be used. CPT 95938 should not be coded in conjunction with either 95925 or 95926. Similarly, 95928 and 95929 should not be billed together; instead 95939 should be used if both upper and lower limbs are monitored.

**HCPCS Codes**

No applicable HCPCS codes
References:


52. The codes for treatments and procedures applicable to this policy are included for informational purposes. Inclusion or exclusion does not constitute or imply member coverage or provider reimbursement policy.

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