

Medical Services Level of Care Determination

[Admin-002 Behavioral Health Services Level of Care Determination](#)

Policy Admin-003

Origination Date: 04/06/2018

Reviewed/Revised Date: 11/30/2020

Next Review Date: 11/30/2021

Current Effective Date: 11/30/2020

Disclaimer:

1. Policies are subject to change in accordance with State and Federal notice requirements.
2. Policies outline coverage determinations for U of U Health Plans Commercial, and Healthy U (Medicaid) plans. Refer to the "Policy" section for more information.

Description:

The University of Utah Health Plan (U of U Health Plans) uses several sources in determining the appropriate level of care for patients to optimize their outcomes and the efficiency of care delivery. These sources include the CMS inpatient only list, InterQual guidelines, Summary of Plan Description (SPD) and clinical judgement. These sources are employed in a hierarchical fashion.

Policy Statement and Criteria

1. Commercial Plans

The hierarchy of consideration for determining the level of care for Medical Services is as follows:

- A. SPD coverage exclusions or limitations
- B. Internal U of U Health Plans policies
- C. InterQual® criteria for determining medical necessity for the following levels of care:
 - i. Acute inpatient services
 - ii. SNF services
 - iii. Rehabilitation services
 - iv. Home Health
 - v. Outpatient Surgery
 - vi. LTAC (Long term acute care)

- D. For surgical services, If InterQual does not provide adequate guidance, the CMS inpatient only list is employed for determining inpatient versus outpatient level of care
- E. If no guidance is provided in InterQual, SPD, or CMS guidelines or if an exception is requested for a certain level of care (inpatient – outpatient, outpatient to inpatient) outside the standards defined by InterQual or CMS the cases are sent to physician review for consideration of granting an exception based on comorbidities and other clinical considerations

Administrative policy #002 Behavioral Health Level of Care outlines the level of care determination of care criteria for behavioral health services.

2. Medicaid Plans

Coverage is determined by the State of Utah Medicaid program; if Utah State Medicaid has no published coverage position and InterQual criteria are not available, the U of U Health Plans Commercial criteria will apply. For the most up-to-date Medicaid policies and coverage, please visit their website at:

<http://health.utah.gov/medicaid/manuals/directory.php> or the [Utah Medicaid code Look-Up tool](#)

3. Medicare Plans

Coverage is determined by the Centers for Medicare and Medicaid Services (CMS); if a coverage determination has not been adopted by CMS, and InterQual criteria are not available, U of U Health Plans' commercial policies would apply. For the most up-to-date Medicare policies and coverage, please visit their search website at:

<http://www.cms.gov/medicare-coverage-database/overview-and-quick-search.aspx?from2=search1.asp&> or [the manual website](#).

Clinical Rationale

Medical Necessity Guidelines are developed to determine coverage for benefits, and are published to provide a better understanding of the basis upon which coverage decisions are made. We make coverage decisions using these guidelines, along with the Member's benefit document, and in coordination with the Member's physician(s) on a case-by-case basis considering the individual Member's health care needs.

Medical Necessity Guidelines are developed for selected therapeutic or diagnostic services found to be safe and proven effective in a limited, defined population of patients or clinical circumstances. They include concise clinical coverage criteria based on current literature review, consultation with practicing physicians in the our service area who are medical experts in the particular field, FDA and other government agency policies, and standards adopted by national accreditation organizations. Medical Necessity Guidelines are revised annually or more frequently if new evidence becomes available that suggests needed revisions. Medical Necessity Guidelines apply to the fully insured Commercial and Medicaid products on which U of U Health Plans conducts utilization review unless otherwise noted.

McKesson InterQual® Criteria are nationally recognized medical necessity criteria developed by a clinical research staff, which includes physicians, registered nurses, and other health care professionals. The clinical content of the criteria is annually reviewed, updated, and validated by a national panel of clinicians and medical experts, including those in community and academic practice settings, as well as within the managed care industry throughout the United States.

For self-insured plans, coverage may vary depending on the terms of the benefit document. If a discrepancy exists between a Medical Necessity Guideline and a self-insured Member's benefit document, the provisions of the benefit document will govern. Applicable state or federal mandates or other requirements will take precedence.

Treating providers are solely responsible for the medical advice and treatment of Members. The use of this guideline is not a guarantee of payment or a final prediction of how specific claim(s) will be adjudicated. Claims payment is subject to eligibility and benefits on the date of service, coordination of benefits, referral/authorization, utilization management guidelines when applicable, and adherence to plan policies, plan procedures, and claims editing logic.

Applicable Coding

No applicable coding

Disclaimer:

This document is for informational purposes only and should not be relied on in the diagnosis and care of individual patients. Medical and Coding/Reimbursement policies do not constitute medical advice, plan preauthorization, certification, an explanation of benefits, or a contract. Members should consult with appropriate health care providers to obtain needed medical advice, care, and treatment. Benefits and eligibility are determined before medical guidelines and payment guidelines are applied. Benefits are determined by the member's individual benefit plan that is in effect at the time services are rendered.

The codes for treatments and procedures applicable to this policy are included for informational purposes. Inclusion or exclusion of a procedure, diagnosis or device code(s) does not constitute or imply member coverage or provider reimbursement policy. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.

U of U Health Plans makes no representations and accepts no liability with respect to the content of any external information cited or relied upon in this policy. U of U Health Plans updates its Coverage Policies regularly, and reserves the right to amend these policies and give notice in accordance with State and Federal requirements.

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