


Summary of Benefits and Coverage: What this Plan Covers & What it Costs


Coverage Period: 01/01/2020 – 12/31/2020

University of Utah Health Plans: Healthy Preferred \$4000 QHDHP EPO

Coverage for: UUHP Level Funded Plan Type: EPO

 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is **only a summary**. For more information about your coverage, or to get a copy of the complete terms of coverage, contact University of Utah Health Insurance Plans at (833) 981-0213. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at www.uhealthplan.utah.edu/lf-members or call (833) 981-0213 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	For in-network providers : \$4000 Per Person, \$8000 Family For out-of-network providers : Not Covered	Generally, you must pay all the costs from providers up to the deductible amount before this plan begins to pay for covered services. Check your policy or plan document to see when the deductible starts over. See the chart starting on page 3 for how much you pay for covered services after you meet the deductible .
Are there services covered before you meet your deductible ?	Yes	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible .
Are there other deductibles for specific services?	No	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services
What is the out-of-pocket limit for this plan ?	For in-network providers : \$6000 Per Person, \$12000 Family For out-of-network providers : Not Covered	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit ?	Premiums, balance-billed charges and health care this plan doesn't cover.	Even though you pay for these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes. For a list of in-network providers visit www.uhealthplan.utah.edu or call 1-(833) 981-0213.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participation for providers in their network . See the chart starting on page 3 for how this plan pays different kinds of providers .
Do you need a referral to see a specialist ?	No.	You can see the specialist you choose without permission from this plan.

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	Deductible, then 30% Coinsurance	Not Covered	---None---
	Specialist visit	Deductible, then 30% Coinsurance	Not Covered	---None---
	Preventive care/screening/immunization	No Charge	Not Covered	Refer to the plan document for a complete list of preventative services.
If you have a test	Diagnostic test (x-ray, blood work)	Deductible, then 30% Coinsurance	Not Covered	Preauthorization may be required for certain services.
	Imaging (CT/PET scans, MRIs)	Deductible, then 30% Coinsurance	Not Covered	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.uhealthplans.utah.edu	Preferred generic drugs 30 day supply 90 day supply -Mail order	Deductible, then 30% Coinsurance	Not Covered	Quantity Limits, Step Therapy, and Prior Authorization may apply. Refer to the drug formulary for detailed information.
	Preferred brand drugs 30 day supply 90 day supply -Mail order	Deductible, then 30% Coinsurance	Not Covered	
	Non-preferred brand drugs – 30 day supply 90 day supply -Mail order	Deductible, then 30% Coinsurance	Not Covered	
	Specialty drugs - <i>Must use University of Utah Specialty Pharmacy</i> – 30 day supply only	Deductible, then 30% Coinsurance	Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Deductible, then 30% Coinsurance	Not Covered	Preauthorization may be required for certain services.
	Physician/surgeon fees	Deductible, then 30% Coinsurance	Not Covered	
If you need immediate medical attention	Emergency room care	Deductible, then 30% Coinsurance	Deductible, then 30% Coinsurance	Copayment is waived if admitted directly to a hospital or facility on an inpatient basis.
	Emergency medical transportation	Deductible, then 30% Coinsurance	Deductible, then 30% Coinsurance	Non-emergency use is not covered.
	Urgent care	Deductible, then 30% Coinsurance	Not Covered	---None---

* For more information about limitations and exceptions, see the plan or policy document at www.uhealthplan.utah.edu/lf-members.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have a hospital stay	Facility fee (e.g., hospital room)	Deductible, then 30% Coinsurance	Not Covered	Preauthorization may be required for certain services.
	Physician/surgeon fees	Deductible, then 30% Coinsurance	Not Covered	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Deductible, then 30% Coinsurance	Not Covered	Preauthorization may be required for certain services.
	Inpatient services	Deductible, then 30% Coinsurance	Not Covered	
If you are pregnant	Office visits	Deductible, then 30% Coinsurance	Not Covered	Preauthorization may be required for certain services.
	Childbirth/delivery professional services	Deductible, then 30% Coinsurance	Not Covered	
	Childbirth/delivery facility services	Deductible, then 30% Coinsurance	Not Covered	
If you need help recovering or have other special health needs	Home health care	Deductible, then 30% Coinsurance	Not Covered	Limited to 60 visits per year. <u>Prior authorization is required.</u>
	Rehabilitation services	Deductible, then 30% Coinsurance	Not Covered	Limited to 40 visits per year total for both rehabilitation and habilitation services.
	Habilitation services	Deductible, then 30% Coinsurance	Not Covered	Preauthorization may be required for certain services.
	Skilled nursing care	Deductible, then 30% Coinsurance	Not Covered	Limited to 60 days per year. Preauthorization may be required for certain services.
	Durable medical equipment	Deductible, then 30% Coinsurance	Not Covered	<u>Prior authorization is required</u> for durable medical equipment over \$5000.
	Hospice services	Deductible, then 30% Coinsurance	Not Covered	<u>Prior authorization is required.</u>
If you need dental or eye care	Eye exam	No Charge	Not Covered	Limited to one routine eye exam per plan year.
	Glasses	Not Covered	Not Covered	Not Applicable
	Dental check-up	Not Covered	Not Covered	Not Applicable

* For more information about limitations and exceptions, see the plan or policy document at www.uhealthplan.utah.edu/lf-members.

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other [excluded services](#).)

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|--|--|---|
| <ul style="list-style-type: none">• Acupuncture• Bariatric Surgery• Private Duty Nursing | <ul style="list-style-type: none">• Cosmetic Surgery• Long-term care• Non-emergency care when traveling outside the U.S. | <ul style="list-style-type: none">• Dental Care• Hearing aids• Weight loss programs |
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Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

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|---|--|--|
| <ul style="list-style-type: none">• Adoption Services | <ul style="list-style-type: none">• Mastectomy and Breast Reconstruction | <ul style="list-style-type: none">• ABA Therapy for Autism |
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Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Office of the Superintendent of Insurance 1-801-538-3077. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: University of Utah Health Plans, Attention: Appeals Coordinator, P.O. Box 45180, Salt Lake City, UT 84145, Customer Service (833) 981-0213

Does this plan provide Minimum Essential Coverage? Yes. If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes. If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al (833) 981-0213.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (833) 981-0213.

Chinese (中文): 如果需要中文的帮助, ☎☎打☎个号(833) 981-0213.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' (833) 981-0213.

-----*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*-----

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$4000
- [Specialist](#) Copayment 30%
- Hospital (facility) Coinsurance 30%
- Other Coinsurance 30%

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost	\$7,500
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$2408
Copayments	\$0
Coinsurance	\$3592
<i>What isn't covered</i>	
Limits or exclusions	\$60
The total Peg would pay is	\$6060

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$4000
- [Specialist](#) Copay 30%
- Hospital (facility) Coinsurance 30%
- Other Coinsurance 30%

This EXAMPLE event includes services like:
Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*glucose meter*)

Total Example Cost	\$5,400
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$4000
Copayments	\$0
Coinsurance	\$2000
<i>What isn't covered</i>	
Limits or exclusions	\$55
The total Joe would pay is	\$6055

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$4000
- [Specialist](#) Copayment 30%
- Hospital (facility) Coinsurance 30%
- Other Coinsurance 30%

This EXAMPLE event includes services like:
Emergency room care (*including medical supplies*)
Diagnostic test (*x-ray*)
Durable medical equipment (*crutches*)
Rehabilitation services (*physical therapy*)

Total Example Cost	\$4780
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$1348
Copayments	\$0
Coinsurance	\$578
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$1925