

 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, contact 1-888-271-5870. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at www.uhealthplans.utah.edu or call 1-888-271-5870 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	In-Network: \$3,000 Individual / \$6,000 Family. Out of Network: \$10,000 Individual / \$20,000 Family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible .
Are there services covered before you meet your deductible ?	Yes. Preventive care and primary care services are covered before you meet your deductible .	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	Yes	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.
What is the out-of-pocket limit for this plan ?	In-Network: \$5,000 Individual / \$10,000 Family. Out of Network: \$20,000 Individual / \$40,000 Family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Copayments for certain services, premiums , balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes, See www.uhealthplans.utah.edu or call 1-888-271-5870 for a list of network providers.	This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	No	You can see the specialist without a referral.

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Grand Valley Preferred Provider	MultiPlan Provider	Out-of-Network Provider	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$25 Copay	\$75 Copay	40% AD	None
	Specialist visit	\$75 Copay	\$95 Copay	40% AD	None
	Preventive care/screening/immunization	No Charge	No Charge	40% AD	Refer to plan document for a complete list of services
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	30% AD	40% AD	None
	Imaging (CT/PET scans, MRIs)	\$250 Copay / Test	30% AD	40% AD	Preauth may be required
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.simplesaverx.com	Prescriptions Administered by SimpleSave Questions call: 844-728-3479 www.simplesaverx.com				
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$750 Copay / Surgery	30% AD	40% AD	Preauth may be required
	Physician/surgeon fees	\$750 Copay / Surgery	30% AD	40% AD	
If you need immediate medical attention	Emergency room care	\$300 Copay	\$300 Copay	\$300 Copay	Copay waived if admitted directly to hospital or facility.
	Emergency medical transportation	\$300 Copay	\$300 Copay	\$300 Copay	Non-emergency use not covered
	Urgent care	\$75 Copay	\$100 Copay	40% AD	None
If you have a hospital stay	Facility fee (e.g., hospital room)	\$750 Copay / Day	30% AD	40% AD	Preauth may be required. Copay applied to first 3 days per admission
	Physician/surgeon fees	\$750 Copay / Day	30% AD	40% AD	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$25 Copay	\$75 Copay	40% AD	None
	Inpatient services	\$750 Copay / Day	30% AD	40% AD	Copay applied to first 3 days per admission
If you are pregnant	Office visits	\$25 Copay	\$75 Copay	40% AD	None

* For more information about limitations and exceptions, see the plan or policy document at www.uhealthplan.utah.edu or call 1-888-271-5870

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Grand Valley Preferred Provider	MultiPlan Provider	Out-of-Network Provider	
	Childbirth/delivery professional services	\$750 Copay / Day	20% AD	40% AD	Copay applied to first 3 days per admission
	Childbirth/delivery facility services	\$750 Copay / Day	20% AD	40% AD	Copay applied to first 3 days per admission
If you need help recovering or have other special health needs	Home health care	20% AD	30% AD	40% AD	60 visits/year, preauth required
	Rehabilitation services	\$75 Copay	30% AD	40% AD	40 visits/year, preauth required
	Habilitation services	\$75 Copay	30% AD	40% AD	
	Skilled nursing care	20% AD	30% AD	40% AD	60 visits/year, preauth required
	Durable medical equipment	20% AD	30% AD	40% AD	Preauth required over \$750
	Hospice services	20% AD	30% AD	40% AD	Preauth required
If your child needs dental or eye care	Children's eye exam	Not Covered	Not Covered	Not Covered	NA
	Children's glasses	Not Covered	Not Covered	Not Covered	NA
	Children's dental check-up	Not Covered	Not Covered	Not Covered	NA

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other [excluded services](#).)

<ul style="list-style-type: none"> Acupuncture Bariatric Surgery Private Duty Nursing 	<ul style="list-style-type: none"> Cosmetic Surgery Long-Term Care Non-emergent care when traveling outside the US 	<ul style="list-style-type: none"> Dental Care Hearing Aids Weight Loss Programs
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Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

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Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: University of Utah Health Plans, Attention Appeals Coordinator, PO Box 45180, Salt Lake City, UT 84145, or contact customer service at 1-888-271-5870

Does this plan provide Minimum Essential Coverage? Yes

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-271-5870

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$3000
- [Specialist](#) [*cost sharing*] \$75
- Hospital (facility) [*cost sharing*] \$750
- Other [*cost sharing*] 20%

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost	\$12,800
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$5,000
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$60
The total Peg would pay is	\$5,060

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$3000
- [Specialist](#) [*cost sharing*] \$75
- Hospital (facility) [*cost sharing*] \$750
- Other [*cost sharing*] 20%

This EXAMPLE event includes services like:
Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*glucose meter*)

Total Example Cost	\$7,400
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$1,728
Copayments	\$1,205
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$55
The total Joe would pay is	\$2,988

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$3000
- [Specialist](#) [*cost sharing*] \$75
- Hospital (facility) [*cost sharing*] \$750
- Other [*cost sharing*] 20%

This EXAMPLE event includes services like:
Emergency room care (*including medical supplies*)
Diagnostic test (*x-ray*)
Durable medical equipment (*crutches*)
Rehabilitation services (*physical therapy*)

Total Example Cost	\$3,500
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$29
Copayments	\$3,325
Coinsurance	\$7
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$3,362