

Check out all of the great things you get with your U of U Health Plan...



NETWORK OPTIONS

You can choose your network of physicians and hospitals. If you live along the Wasatch Front, Healthy Preferred provides you access to U of U Health, MountainStar and many other physicians and hospitals in your neighborhood. With our statewide Healthy Premier network, you have access to U of U Health, MountainStar and Steward Health along with many other local, award-winning hospitals and clinics. Both networks offer thousands of providers for you to choose from.



TELEHEALTH

Convenient care from providers offered from your phone, tablet or computer. Common conditions treated through telehealth include: allergies, cough, cold, flu, eye infections and skin conditions, such as rash.

MD LIVE

Available 24 hours, 7 days a week
Medical & Behavioral Health Care
Call **1-844-475-2050**



MEMBER DISCOUNTS

ALTERNATIVE & SELF-CARE*

10% off Aesthetician Services
\$50 for a 1 Hour Massage
**South Jordan Health Center Only*

GYM MEMBERSHIPS

We have contracted with local gyms to offer discounted gym memberships just for you.

OPTICAL CARE*

10% off All Vision Correcting Procedures
30% off Frames
20% off Lenses, Lens Treatments & Sunglasses
10% off Contacts
**Moran Eye Center Locations Only*



ACCESS ASSISTANCE

As a U of U Health Plans member, you can call our Access Assistance line to help find a provider, transition to an in-network provider or schedule an appointment. Call **801-587-2851**



MENTAL HEALTH SERVICES

In partnership with the Huntsman Mental Health Institute, we offer a 24/7 CrisisLine and a Mobile Crisis Outreach Team for crisis intervention, suicide prevention and treatment information. Call **801-213-0816**



NURSE LINE

If you would like general information about health resources related to your insurance, our nurses are here to help 24 hours a day, 7 days a week. Call **801-505-3198**

To learn more visit uhealthplan.utah.edu



HEALTH PLANS
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